Transition of Care from
UnitedHealthcare to
Blue Shield of
California







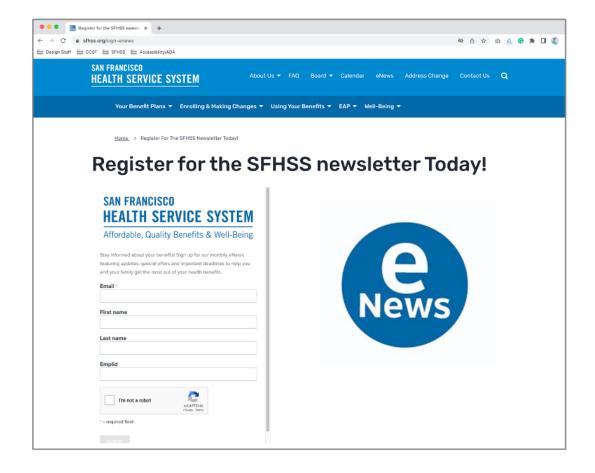
SAN FRANCISCO
HEALTH SERVICE SYSTEM

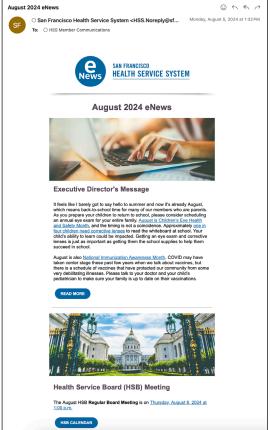
Affordable, Quality Benefits & Well-Being



- 1. Stay informed with SFHSS Monthly eNews
- 2. How to reach the Health Service Board (HSB)
- 3. Blue Shield's Mission & North Star
- 4. Medicare PPO Plan Highlights
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Sign-up for SFHSS Monthly eNews





Health Service Board (HSB)



- Regular Health Service Board meetings are on the Second (2nd)
 Thursday of every month
- The topics the board will discuss is in the agenda that gets posted on the Friday before the HSB meeting
- Members are encouraged to attend in-person or call-in to listen and participate in all meetings
- You can write to the board at health.service.board@sfgov.org or call (628) 652-4646.
- You can also write to the Board Secretary, Holly Lopez, at holly.lopez@sfgov.org



SFHSS Blue Shield Medicare (PPO) Plan Highlights



Our North Star

To create a healthcare system that is worthy of our family and friends and sustainably affordable.

How we'll get there

Create a personal, high-quality experience

Serve more people

Be financially responsible

Be a great place to do meaningful work

Stand for what's right

Be digitalfirst; make health care simple

Who we are

Human. Honest. Courageous.



Medicare PPO Plan

Freedom and flexibility

This plan gives you the freedom to choose doctors and hospitals from our broad PPO network and the flexibility to seek care outside the network.



Plan highlights

- ✓ Freedom to choose. Access care from both in-network and out-of-network Medicare participating providers.
- ✓ No to low copay for most Medicare covered services
- √ \$0 deductible for most covered Medicare services
- ✓ Self-referral to specialists no need to see your Primary Care Physician (PCP) first.
- ✓ Access to virtual health care with Teladoc doctors who can treat many medical issues.
- ✓ Coverage for medical care across the United States and for urgent and emergency care
 anywhere in the world.

Blue Shield Medicare (PPO) plan gives you flexibility and choice

In-network

- INCLUDES the doctors, medical groups, hospitals, and other healthcare facilities that have an agreement with us to deliver covered services to members in our plan.
- What do you need to pay?
 - You only pay your copay, and your provider will bill us for the rest of your covered services.
 - You can find in-network providers at blueshieldca.com/sfhss.

Out-of-network

- INCLUDES all providers that participate in Medicare nationwide.
- Can I see any out-of-network doctors?
 - You can see any healthcare provider nationwide that participates in Medicare and is willing to treat you and bill us.
 - TIP: If your doctor says they will not accept the plan, reach out to us and we will contact them to explain your coverage and request that they bill Blue Shield or their local Blue plan.

Blue Shield Medicare (PPO) plan Benefits at-a-Glance

	In-network	Out-of-network
Medical deductible	Individual: \$0	Individual: \$0
Calendar-year out-of-pocket maximum	\$3,750	\$3,750
PCP visit	\$5	\$5
Specialist	\$15	\$15
Lab work	\$O	\$0
Teladoc (medical)	\$O	\$0
Outpatient surgery in hospital	\$100	\$100
Inpatient hospitalization	\$150	\$150
Emergency care	\$65	\$65
Hearing aid	\$2,500 per ear, every 3 years	\$2,500 per ear, every 3 years
	Pharmacy Network	
Retail drug copayments (30-day supply)*	\$5 (Tier 1 Generic Drugs) / \$20 (Tier 2 Preferred Brand Drugs, \$45 (Tier 3 Non-Preferred Drugs) / \$20 (Tier 4 Specialty Tier Drugs)	
Home Delivery copayments (100-day supply)	\$10 (Tier 1 Generic Drugs) / \$40 (Tier 2 Preferred Brand Drugs / \$90 (Tier 3 Non-Preferred Drugs	
* The amounts listed are for retail in-network preferred cost sharing pharmacy (30-day supply).		

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How to get started with Blue Shield pharmacy benefits

Find a network pharmacy:

- 1. Visit blueshieldca.com/sfhss
- Navigate to Retirees with Medicare "View Health Plan" and then scroll down to Pharmacy resources
- 3. Choose a pharmacy based on medication type and costs

Retail pharmacies

- Includes: Kroger, Lucky (Save Mart), Rite Aid, Sam's Club, Walgreens and Walmart
- 30-day supply
- 100-day supply (maintenance medications)

Home delivery and Pharmacies that offer preferred cost sharing

- 100-day supply for maintenance medications, for the cost of only two 30-day copayments
- Amazon Home Delivery
- National locations include Albertsons, Costco, CVS Pharmacy, Target, Safeway, Vons, and Walmart

Specialty pharmacy

 90-day supply for specialty medications

Acupuncture and Chiropractic benefits



- You are covered for acupuncture and chiropractic services*, for a \$15 copay up to 24 visits each, per member per calendar year
- Acupuncture and chiropractic benefits are provided through a contract with American Specialty Health Plans of California, Inc. (ASH Plans)
- To find an ASH acupuncturist or chiropractor
- Go to blueshieldca.com/find-a-doctor
- For Acupuncture services performed outside of California, contact the Blue Shield's dedicated Customer Service at (800) 370-8852 for assistance

^{*}Non-Medicare covered services

Additional Benefits



\$15 copay for 1 exam every 12 months



Transportation for non-emergent services to health-related locations, e.g., physician office visits (24 one-way trips per year)



Personal Emergency Response System (PERS) A medical alert monitoring system that provides access to help 24/7, at the push of a button



Home Meal Delivery 30 meals and 16 snacks per discharge from inpatient hospital or skilled nursing facility



Complimentary gym membership, community classes, and online programs

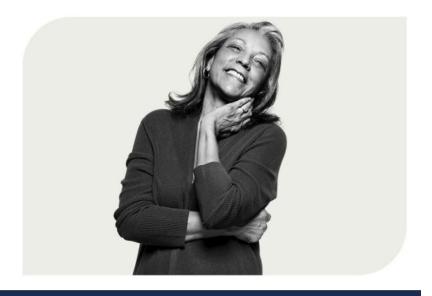
Access health plan information 24/7

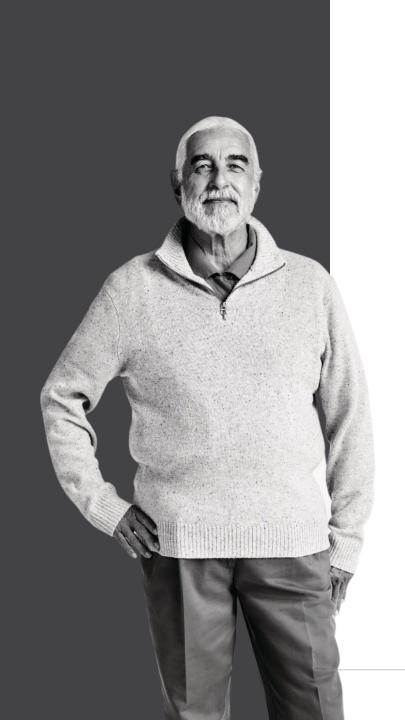
- Overview of Blue Shield plans
- Links to find in-network doctors
- Plan benefit documents
- Details on programs & services
- www.blueshieldca.com/sfhss

SAN FRANCISCO
HEALTH SERVICE SYSTEM

WELCOME SFHSS RETIREE MEMBERS

Call our dedicated Customer Service line to learn more about your Blue Shield Medicare Advantage Prescription Drug (MAPD) PPO plan (800) 370-8852





Medical Transition of Care

- Members have direct access to Blue Shield's highly trained and certified team of Medicare experts at (800) 370 - 8852 available 7 days a week 8am-8pm PT*, to provide any information and help they need
- Support from Care Navigators to help with appointment scheduling and care coordination
- Proactive communication for targeted outreach to facilitate medical care prior authorization.
- Access to dedicated Pharmacy support including Pharmacy Technicians

^{*} Only closed on Thanksgiving day and Christmas day



Pharmacy Drug Transition

- Blue Shield Pharmacy Implementation team will work closely with SFHSS and OptumRx to ensure a seamless transition.
- Blue Shield is requesting historical member level information from OptumRx to support proactive member transition, outreach and communication.
- Existing open refills for Home Delivery and Specialty Pharmacies will be transferred with member enrollment support to ensure continuous medication access.
- A concierge team at (800) 370 8852 with pharmacy benefit specialists is available to support member inquiries about the Blue Shield Pharmacy benefit and network.
- Proactive communication with educational materials for targeted outreach to facilitate formulary transition and mitigating disruption.



Behavioral Health & Well-Being Transition

- Educate members on Behavioral health benefits.
- Ensure continuity of care for those currently seeking and/or receiving behavioral health and substance abuse services.
- Educate members on Blue Shield's wellbeing programs and services, including Silver Sneakers.
- Contact Blue Shield's highly trained and certified team of Medicare experts at (800) 370 - 8852 for further information.

Blue Shield Kudos

Joseph from San Francisco shared that JC was courteous and helped him with his concerns with benefits and current medications that put his mind at ease.

Faima from San Francisco shared that Naomi was professional, nice and caring and helped me out with all my questions on my new upcoming plan with BSC.

Frank from Idaho shared that he spoke to Daniea and she helped me for about 20 minutes and couldn't have been nicer answering all my questions I had for me and my wife. Daniea was fantastic.

Janet from San Carlos shared that when she called in, she spoke to Latrice about moving over to Blue Shield and was on the phone with her for 20 minutes. Janet went on to share how calm, patient and very professional Latrice was and let her take her time to ensure all her questions were answered.

Thank you